

Dee M Hudgens RN MSW LSCSW LCSW

Client Information Sheet

Qualifications

Dee Hudgens has a Master of Social Work from Kansas University. She is licensed in Kansas as a LSCSW (Licensed Specialist Clinical Social Worker. License # 4064. She is also licensed in Missouri, LCSW (Licensed Clinical Social Worker). License # 2024000682. She maintains her license as a Registered Nurse in Kansas.

Fees

My fee is set in accordance with the fair market of professional therapists in the Kansas City Metropolitan area. Fees are based upon 50-minute sessions. My fee is \$130-\$135 per session. Payment is expected at the time of service. Any services received by phone or in emergency situations will be billed as follows:

- Brief telephone calls of 5 minutes or less will not be billed
- Extended calls of more than 5 minutes or multiple brief calls will be billed at the same rate as a regular session.

A \$10.00 service charge will be charged for any checks returned for any reason for special handling.

Cancellation Policy

Except for emergency situations, if a cancellation occurs less than 24 hours prior to a session or if you fail to show up at the scheduled appointment time with no notice the full fee will be charged to your account. This is necessary because a time commitment is made to you and is held exclusively for you. If you are late for a session, you may lose some of that session time.

Session Format

Each session will be 50 minutes, unless additional time is scheduled. Regular reviews of your progress and continuing need for counseling will be discussed with you. You have the right to terminate counseling at anytime, however it is most beneficial for the counselor and client to meet to discuss terminating counseling at a regular session rather than by phone.

Record Keeping

A file is kept for each case seen which includes an informed consent form, any release of information forms, financial record keeping, progress notes, and any other correspondence or information related to the case. Records are stored in a locked cabinet for security and confidentiality purposes and will be held for at least 5 years after termination.

Confidentiality

The information you provide in counseling is confidential. All information remains confidential unless the client requests in writing that the records be released. I am not accepting insurance at this time. Kansas law mandates that confidentiality be broken if you are found to be a clear and imminent danger to self or others, if you report current abuse or neglect of a child or dependent adult, or if your counselor receives a court order to release your records. As a counselor in a practice there may be times when consultation is sought or administrative staff may see your records; all counselors and staff are required to keep client information confidential.

Benefits and Risks

Any time you seek counseling to work on your personal struggles or relationship difficulties there are benefits and risks involved. The benefits can include the ability to handle and cope with your specific concerns and/or your interpersonal relationships in a healthier way. You may also gain a greater understanding of personal, interpersonal, or family goals and values. This new understanding may lead the way to greater maturity and happiness as an individual, couple or family. There may also be other benefits that come as you work at resolving your specific concerns.

However, counseling can be challenging and uncomfortable at times. Remembering and resolving an unpleasant event may cause intense feelings of fear, anger, depression, and frustration. As you work to resolve personal issues between family members, marital partners, and other persons, you may experience discomfort and an increase in conflict. There may be changes in your relationships, which had not been originally anticipated.

Please discuss other benefits and risks involved in your particular situation with your counselor.

If we see each other outside of the therapy office, I will honor your confidentiality and privacy. It is your right to decide whether or not you want to acknowledge or speak to me in a public, non-therapeutic setting. I will not initiate a conversation with you, but if you choose to acknowledge me, I will be more than happy to speak with you briefly about non-treatment related topics.

Social Media And Telecommunication

Due to the importance of your confidentiality and the importance of minimizing dual relationship, I do not accept friend or contact requests from current or former clients on any social networking site (Facebook, Instagram, Linkin, etc). I believe that adding clients as friends or contacts on these sites can compromise your confidentiality and our respective privacy. It may also blur the boundaries of our therapeutic relationship. If you have questions about this, please bring them up when we meet and we can talk more about it.

E-Mail Policy

If it is necessary to contact your counselor prior to your scheduled appointment, please leave a detailed message on the office number 913-286-5261, or you may leave a message at my email address: dhudgens@revivekc.com. Please be advised this is not an encrypted or secure email address. This is a confidential phone line and if it is necessary to return the call, it will be done so in a timely manner.

Minors

If you are a minor, your parents/guardians may be legally entitled to some information about your therapy. I will discuss with you and your parents/guardians what information is appropriate for them to receive and which issues are more appropriately kept confidential.

Termination

Ending relationships can be difficult. Therefore, it is important to have a termination process to achieve some closure. The appropriate length of the termination depends on the length and intensity of the treatment. I may terminate treatment after appropriate discussion with you and a termination process if I determine that the psychotherapy is not being effectively used or if you are in default on payment. I will not terminate the therapeutic relationship without first discussing and exploring the reasons and purpose of terminating. If therapy is terminated prematurely for any reason or you request another therapist, I will provide you with a list of qualified psychotherapists to treat you. You may also choose someone on your own or from another referral source.

Emergency Policy

Dee Hudgens RN MSW LCSW LCSW does not provide 24-hour crisis response. In case of a life-threatening emergency call 911 or 988 or go to your nearest emergency room. Below is a list of other resources that can be utilized in the case of an emergency.

Hospitals:

Marillac (ages 4-18)	913-574-3800
Research Psychiatric	816-444-8161
Cottonwood Springs	913-254-7265
Advent Health at Shawnee Mission	913-789-1900
KU Medical Center Emergency Room	913-588-6400

Hotlines:

Child Abuse Hotline (MO)	1-800-392-3738
Child Abuse Hotline (KS)	1-800-922-5330
Battered Persons Hotline	800-799-7233
Suicide Prevention Lifeline	1-800-273-8255

Jo Co. Mental Health Crisis 844-505-4045