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Thank you for choosing **re:Vive, LLC (re:Vive)** to meet your counseling needs. Our goal is to provide you the highest professional counseling services to meet your goals. Please read the following carefully:

Consumer Rights

- Be informed about the qualifications of your counselor: education, experience, and professional licensure.
- Receive an explanation of services offered, your time commitments, fees, and billing policies prior to receipt of services.
- Be informed of limitations of the counselor's practice to special areas of expertise.
- Have all that you say treated confidentially and be informed of any state laws placing limitations on confidentiality in the counseling relationship.
- Ask questions about the counseling techniques and strategies used, and be informed of your progress.
- Participate in setting goals and evaluating progress toward meeting them.
- Be informed of who to contact or steps to take in an emergency situation.
- Request referral for a second opinion at any time.
- Request copies of records and reports to be used by other counseling professionals.
- Receive a copy of the code of ethics to which your counselor adheres.
- Contact the appropriate professional organization if you have doubts or complaints relative to the counselor's conduct.
- Terminate the counseling relationship at any time.

Consumer Responsibilities

- Set and keep appointments with your counselor. Let her know as soon as possible if you cannot keep an appointment.
- Help plan your goals.
- Follow through with agreed upon goals.
- Keep your counselor informed of your progress toward meeting your goals.
- Terminate your counseling relationship before entering into arrangements with another counselor.

QUALIFICATIONS OF THE COUNSELOR

The counselor providing services is licensed in the state of Kansas as a Clinical Marriage and Family Counselor (LCMFT #713) and as a Clinical Professional Counselor (LCPC #2326). Additionally, the counselor has completed the Certificate in Play Therapy program at MidAmerica Nazarene University.

CONFIDENTIALITY and EXCEPTIONS TO CONFIDENTIALITY

The information clients provide in counseling is confidential. The counselor will not reveal any information about clients or their issues, except as outlined in the Notice of Privacy Practices, without the client's written consent. Any written records about treatment are also confidential. ***Because of the counselor's legal mandate to report some issues, confidentiality may be broken 1) if a client is found to be a clear and imminent danger to self or others, 2) if he/she gives the counselor reason to suspect current abuse or neglect of a child or dependent adult, 3) or if the counselor receives a court order to release the client's records.***

In the course of treatment, it is considered good client care for counselors to consult with other professionals about the work being done with clients. Counselors at **re:Vive** may consult with one another to assure high quality client care. Additionally, your counselor may consult with other professionals with experience in particular techniques or mental health issues (i.e., play therapy). When consultation occurs, the counselor takes care to only share the minimum amount of information necessary for effective consultation to occur.

FEES

The counselor's standard fees for counseling are **\$180.00** for an initial **90-minute intake**, and **\$130.00** for **subsequent 50 minute sessions**. *Clients are expected to pay for each session at the time of their appointment unless other arrangements have been made. If a client becomes more than two sessions behind in payments, additional appointments will not be made until the account is paid in full.* Any services by phone or in emergency situations will be billed as follows:

- brief telephone calls (5-10 minutes) will not be billed to your account
- extended calls (15 minutes or more) or multiple brief calls will be billed at the same rate as our face-to-face sessions.

Sometimes correspondence with other agencies (insurance, courts, other professionals, etc) is required, and most phone contact or brief letters related to your case will be a complementary part of the counselor's services. Extended letters or contact may result in a moderate charge. In all correspondence, you will need to sign a release of information.

CANCELLATION POLICY

Except for emergency situations, if a cancellation occurs less than 24 hours prior to a session, or a client fails to show for their scheduled appointment time without notice, *the full session fee will be charged* to the client's account.

SESSION FORMAT

Research has shown that the nature and severity of the client's presenting problems usually determine the length of counseling. Treatment can range from a few sessions to several months of counseling, and consistent attendance at counseling sessions is necessary for clients to achieve their counseling goals. The estimated length of a client's treatment will be determined in a collaborative discussion between client and counselor. Regular reviews of the client's progress and continuing need for counseling will be discussed with the client. Clients may leave counseling at any time, but the counselor asks that they agree to discuss the termination of counseling at a regular counseling session, rather than by phone. If a client misses two sessions without notifying the counseling, he or she may be removed from the counselor's schedule.

BENEFITS AND RISKS

Any time individuals seek counseling to work on personal struggles or relationship difficulties, there are benefits and risks involved. The benefits can include the ability to handle or cope with specific concerns and/or interpersonal relationships in a healthier way. Clients may also gain a greater understanding of personal, interpersonal, or family goals and values. This new understanding may lead to greater maturity and happiness as an individual, couple, or as a family. There may also be other benefits that come as clients work at resolving specific concerns.

However, counseling can be challenging and uncomfortable at times. Remembering and resolving an unpleasant event may cause intense feelings of fear, anger, depression, and frustration. As clients work to resolve personal issues or issues between family members, marital partners, and other persons, they may experience discomfort and an increase in conflict. There may also be changes in their relationships that they had not originally intended.

The counselor will discuss with clients the benefits and risks involved in their particular situations. The counselor encourages ongoing discussion of clients' concerns as counseling progresses. *Clients are encouraged to discuss with the counselor any concerns they may have as they progress through counseling.*

COURT INVOLVEMENT

In order to preserve the integrity of the counseling relationship, the counselor will not conduct forensic (court-related) evaluations or render opinions in court cases. If you are or anticipate being involved in any type of court case, please inform the counselor so she can discuss with you whether or not she can provide the services or information you may need.

PHONE CONTACT AND EMERGENCY POLICY

Clients may contact the counselor at (913) 491-6876 x 102. The counselor's office hours are by appointment only. Additionally, the counselor is generally available to receive and return phone calls Monday through Friday between 9am and 6pm. A confidential voicemail system is available to take messages when the counselor is unavailable. Messages will be returned as soon as possible, typically within 24 hours or the next business day. *The counselor cannot be available for 24-hour emergency care, and clients cannot assume the counselor will be available at all times.* In case of an emergency outside of session times, the client can contact one of the following crisis hotlines:

Domestic Abuse	913-262-2868	Johnson Co. Mental Health (Olathe)	913-715-7700
Child Abuse (KS)	1-800-922-5330	Johnson Co. Mental Health (Mission)	913-831-2550
Rape Crisis Line	816-531-0233	Suicide Prevention	1-800-273-8255

DISCHARGE FROM TREATMENT

Before discharge from treatment, the client and counselor will review treatment plan goals, assessing which goals have been met. If needed, clients are welcomed to call **re:Vive** at any time after discharge to schedule additional appointments. If a client has not come to an appointment or scheduled one for 6 weeks, **re:Vive** will consider the client discharged.

Please retain this 2-sided document for your records.