

# **Dee M Hudgens RN MSW LSCSW**

## **Client Information Sheet**

### **Qualifications**

Dee Hudgens has a Master of Social Work from Kansas University. She is licensed in Kansas as a LSCSW (Licensed Specialist Clinical Social Worker. License # 4064. She is also licensed as a Registered Nurse in Kansas. Providing excellent care is important to me.

### **Fees**

My fee is set in accordance with the fair market of professional therapists in the Kansas City Metropolitan area. Fees are based upon 50-minute sessions. My fee is \$130 per session. Payment is expected at the time of service. Any services received by phone or in emergency situations will be billed as follows:

- Brief telephone calls of 5 minutes or less will not be billed
- Extended calls of more than 5 minutes or multiple brief calls will be billed at the same rate as a regular session.

### **Cancellation Policy**

Except for emergency situations, if a cancellation occurs less than 24 hours prior to a session or if you fail to show up at the scheduled appointment time with no notice the full fee will be charged to your account.

### **Session Format**

Each session will be 50 minutes, unless additional time is scheduled. Regular reviews of your progress and continuing need for counseling will be discussed with you. You have the right to terminate counseling at anytime, however it is most beneficial for the counselor and client to meet to discuss terminating counseling at a regular session rather than by phone.

### **Record Keeping**

A file is kept for each case seen which includes an informed consent form, any release of information forms, financial record keeping, progress notes, and any other correspondence or information related to the case. Records are stored in a locked cabinet for security and confidentiality purposes and will be held for at least 5 years after termination.

### **Confidentiality**

The information you provide in counseling is confidential. All information remains confidential unless the client requests in writing that the records be released. I am not accepting insurance at this time. Kansas law mandates that confidentiality be broken if you are found to be a clear and imminent danger to self or others, if you report current abuse or neglect of a child or dependent adult, or if your counselor receives a court order to release your records. As a counselor in a practice there may be times when consultation is sought or administrative staff may see your records; all counselors and staff are required to keep client information confidential.

## **Benefits and Risks**

Any time you seek counseling to work on your personal struggles or relationship difficulties there are benefits and risks involved. The benefits can include the ability to handle and cope with your specific concerns and/or your interpersonal relationships in a healthier way. You may also gain a greater understanding of personal, interpersonal, or family goals and values. This new understanding may lead the way to greater maturity and happiness as an individual, couple or family. There may also be other benefits that come as you work at resolving your specific concerns.

However, counseling can be challenging and uncomfortable at times. Remembering and resolving an unpleasant event may cause intense feelings of fear, anger, depression, and frustration. As you work to resolve personal issues between family members, marital partners, and other persons, you may experience discomfort and an increase in conflict. There may be changes in your relationships, which had not been originally anticipated.

Please discuss other benefits and risks involved in your particular situation with your counselor.

## **E-Mail Policy**

If it is necessary to contact your counselor prior to your scheduled appointment, please leave a detailed message on the office number (913-491-6876 Ext 105) or you may leave a message at my email address of [msdee2304@gmail.com](mailto:msdee2304@gmail.com). Please be advised this is not an encrypted or secure email address. This is a confidential phone line and if it is necessary to return the call, it will be done so in a timely manner.

**Emergency Policy** Dee Hudgens RN MSW LSCSW, does not provide 24-hour crisis response. In case of a life threatening emergency call 9-1-1, or go to your nearest emergency room. Below is a list of other resources that can be utilized in the case of an emergency.

Hospitals:		Hotlines:	
Marillac (ages 4-18)	816-508-3300	Child Abuse Hotline (MO)	1-800-392-3738
Research Psychiatric	816-444-8161	Child Abuse Hotline (KS)	1-800-922-5330
Cottonwood Springs	913-735-1474	Battered Persons Hotline	816-468-5463
Shawnee Mission Medical Center	913-676-7777	Suicide Prevention Lifeline	1-800-273-8255
KU Medical Center Emergency Room	913-588-6500		
Johnson County Mental Health(Olathe)	913-826-4200	Tri-Couny Mental Health	816-468-0400
Johnson County Mental Health(Mission)	913-831-2550		
JoCo Mental Health Crisis Response	913-268-0156		